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| Name: MRS.NAGA SHARMILA | Reg No: 017-3SMHC19 |
| Age / Sex:41/F | Contact No:8105302659 |
| Marital Status:ML- 13 YEARS | Date:20/3/19 |
| Occupation:HOUSEWIFE. INTER | Dr. PJFP |
| Address:  NATIVE MADANAPALLE. | DIAGNOSIS- |

1. SINCE MENARCHE OVERBLEEDING. ANAMEIC. LIPS PALE. FUNGAL INFECTION, WORMS IN MOTION, CRAVINGS LIKE MUSTARD AND RAW RICE.
2. 2013 GOT PREGNANCY CONFIRMED BUT BABY NOT DEVELOPED. SINCE THEN CONTINOUS BLEEDING WHEN URINATING. GETS PERIOD ALSO FREQUENTLY.
3. NOT ABLE TO CONCEIVE. TOOK AYURVEDIC TREATMENT. GOT PREGNANT BUT SPONTANEOUS ABORTION 45 DAYS LATER. UNABLE TO SUSTAIN.
4. HAD FELON AND BOILS AFTER TAKING SOME HORMONE ALLO RX 2017.

* 2 TIMES ABORTION ON THE WHOLE.
* GUM BOILS, ROUGHNESS ON SKIN,
* MILK AGG – VOMITING SENSATION. BUT LIKES. CHILDHOOD USE TO DRINK RAW MILK DIRECT FROM THE COW. MILK PRODUCTS AGG.

RX:

1. SILICEA1M/TUBERCULINUM1M – 4-4-4-4 2 WEEKS ONCE 4 DAYS.
2. ACID PHOS200 /FERR ARS200 – PILLS. 4-0-4 A/FOOD
3. RUB 30 – 1 TAB NIGHT B/FOOD.
4. AVENA Q – 15-15-15 DROPS A/FOOD.
5. NAT PHOS 12X 4-4-4.

20/4/19: lmp: 6/4/19. Got 40 days later. Yesterday felt light bleeding. Back pain a lot. Legs calf muscle pain. unable to flex. Getting crack sounds. Morning on waking cant drink water. Wants cool. Fan also unable to tolerate. Wants cool. Before menarche and childhood didn’t want cold much. Use to feel abdomen hot now its not there. Spotting and mild bleeding. Black blood. Feeling better than before. Legs pain. hairfall. Wt: 42 kg.

Rx:

1. Sulphur200 – 1 dose.
2. ACID PHOS200 /china 200 – PILLS. 4-0-4 A/FOOD
3. Yellow tabs 30 – 1 TAB NIGHT B/FOOD.
4. Alfalfa Q – 15-15-15 DROPS A/FOOD.
5. Homoeocal 2-2-2-2.
6. SILICEA1M/TUBERCULINUM1M – 4-4-4-4 2 WEEKS ONCE 4 DAYS

21/5/19: period din come. Lmp: 6th april 19. 3 days had lot of work still could work not like before. Burning during coition. Able to tolerate milk now. Not nauseating like before. Gum boils mildly there but lots reduced. Roughness also reduced. Nails better. When sleeping her extremities are shivering. Hot abdomen also reduced.

Rx:

1. ACID PHOS200 /ferr ars 200 – PILLS. 4-0-4 A/FOOD
2. Yellow tabs (y-lax) 30 – 1 TAB NIGHT B/FOOD.
3. Homoeocal 2-2-2.
4. SILICEA1M/TUBERCULINUM1M – 4-4-4-4 2 WEEKS ONCE 4 DAYS
5. Lachesis 200 – 1dose – pl 5 doses 1 dose 2 hourly wait for 3 days and call me.

28/6/19: lmp: 23/6/19. Wt: 43.4kg. hairfall better by 20%. When applying oil hairfall more. Period still 20% going on. Roughness of hands by 70%. Shivering reduced by50%. Hot abdomen better by 70%. Coition interest 80% improvement. Burning also reduced by 80%. Constipation if eats food like snack items. feels like phlegm is forming if eats more milk. Pain in hands and legs reduced. Numbness in teeth gums. < when rest. In childhood never use to talk now she feels she talks excessively.

Rx:

1. ACID PHOS200 /ferr ars 200 – PILLS. 4-0-4 A/FOOD
2. Sodhari 2-2-2 tsp a/food
3. Janosia ashoka/abroma – 15-0-15 drops
4. Puls1m – july 3rdaftn b/brush water.
5. July 7th – carcinosin 1m – 1-1-1.
6. Folliculinum1m – night 1 dose till 10 days.
7. Syphilinum1m – 1 dose mng. B.brush
8. Vit a/e….

27/07/19: lmp: 20/07/19. 8th day today but mild bleeding now. Now lot of pain in the abdomen and legs. 50% of the earlier severity she got pain. Legs alos pulling. In winter she feels not free motion. Hard motion. Tips of the fingers are cracked like before same. Sleep not so good. If eats rice in the night feels sleepless. Rt side eyelid feels twitching at times. Smtimes left also. Wt: 43.4kg.

Rx:

1. ACID PHOS1m /ferr ars 1m/china 200 – PILLS. 4-mng b/FOOD
2. Sil 1m – 1 dose.
3. Janosia ashoka/abroma – 15-0-15 drops a/food water.
4. Puls1m – july 30rdaftn b/brush water.
5. Aug7th – carcinosin 1m – 1-1-1.
6. Folliculinum1m – night 1 dose till 10 days.from
7. Sulphur 1m – 1 dose mng. Now..
8. Lecithin 30 – disc 4-0-4 b/food.
9. Rub 30 – 1 tab night b/food
10. Mag phos 30 – 4 pills sos cramps and pain.
11. Cimicifuga 200 pain menses with mag phos 30